

TFAP Awards 2025

1. The Rising Tide
2. Outstanding Official
3. The Return
4. One to Watch
5. Team of the Year
6. Moment of the Year
7. Voice of the Game
8. International Impact
9. Hall of Fame
10. 2025 TFAP Athlete of the Year

ELIGIBILITY PERIOD

Nov 1, 2024 - Oct 31, 2025 (16 months)

The Rising Tide

At The Female Athlete Project, we believe “a rising tide lifts all boats.” This award recognises an athlete, coach, volunteer or team supporter who not only excels in their support of the sport but also uplifts others by using their platform, time and energy to make a positive impact. They go above and beyond to support the sport and their wider community through advocacy, mentoring, fundraising or hands-on involvement locally. This person embodies the values of generosity, leadership and sportsmanship. Their commitment to enhancing lives, strengthening community connections and driving positive change reflects the true spirit of this award.

Outstanding Official (M&F)

This award recognises an individual—whether a coach or manager, referee or umpire, CEO or leader in a sports organisation—who has been a champion for advancing women in sports. The recipient has demonstrated exceptional commitment to supporting athletes through their professional role. This individual has made a significant impact in shifting public perception of female athletes and has contributed meaningfully to raising awareness at the corporate and media levels, warranting special recognition.

The Return

This award celebrates an athlete who has demonstrated remarkable resilience and determination in overcoming significant challenges to make a triumphant return to their sport. The recipient has shown outstanding perseverance, courage, and dedication, turning adversity into an amazing comeback that has captivated us all and helped to motivate others to pursue their goals.

One to Watch

Get excited for “the next big thing”. This award celebrates the next gen Australian sporting star who is making a significant impact in their chosen sport. This athlete may have already achieved remarkable success, whether on local or international stages or they might be just starting out. Displaying immense potential, the one to watch is destined for big things. We recognise them not only for their athletic achievements but also for their determination, courage, and burgeoning leadership skills. This athlete encourages others to chase their dreams, stay involved in sports, and believe that anything is possible.

Team of the Year

This award recognises a team that has demonstrated outstanding performance and improvement over the past 16 months. They have excelled in their sport, consistently competing at the highest level throughout the eligibility period. Their achievements on the field are complemented by their exemplary sportsmanship and positive contributions off the field, reflecting a commitment to both excellence and integrity.

Moment of the Year

A significant and highly memorable sporting moment that sent the country into a frenzy, or created significant national conversation. This award is given to a moment in play, as the result of a single game or season, or to acknowledge a major moment that captured the public’s attention. The team or individual had an extraordinary victory (or moment) in their game/competition/race/season that got Australia talking both on social media, in conventional media and in pubs, clubs and parks around the nation. It changed the perception of the team or individual, and in turn the sport, empowering women and/or putting their chosen sport on the social media agenda.

Voice of the Game

This award recognises a journalist or media personality who has excelled in covering women in sport and highlighting the stories of female athletes. This individual has demonstrated exceptional skill in bringing attention to women's sports through insightful reporting, compelling storytelling, and a commitment to elevating female athletes' achievements and challenges. Their work has significantly contributed to greater visibility and understanding of women's sports, fostering a more inclusive and equitable media landscape.

International Impact

This award celebrates someone who isn’t just playing the game but changing it for everyone. A true trailblazer, they’ve used their voice and their platform to break down barriers, inspire change and put their sport on the map around the world. They know how to connect with people, using social media to grow their sport, build community and spark conversation. Most importantly, they champion females in sport everywhere, making sure the next generation has more visibility, more opportunity and more support than ever before.

Hall of Fame

This award honours individuals who have reached the pinnacle of their sport and made significant contributions during their competitive career. Inducted into the TFAP Awards Hall of Fame, this athlete has inspired the nation with their performance and shown remarkable courage and sportsmanship over an extended period. The nominee must have consistently been a strong advocate for women in sports, significantly enhancing the visibility of female athletes. Even after retirement,

they have continued to contribute to their sport or to the broader athletic community, sharing their expertise and mentoring emerging talent.

TFAP Athlete of the Year

This award is for the best of the best: the nation's top sportswoman. Recognising an athlete who has achieved exceptional results at both national and international levels. This individual has demonstrated outstanding sportsmanship and made significant contributions to their sport, serving as a leader and role model. They have excelled in their field, advocated for women in sports, and captivated the nation with their achievements.